

### Cambridgeshire Lupus Group

As part of the national charity LUPUS UK, we are one of a network of regional support groups throughout the UK. The group has a strong, mutually supportive committee of ten people, all of whom suffer from Systemic Lupus Erythematosus (SLE)\* and related auto-immune conditions. We provide support, information and contact for people with lupus living in Cambridgeshire and bordering counties. Our aim is to promote awareness and understanding of the disease amongst the general public and all relevant specialists in the medical profession. Most of all, we strive to focus on sufferers and try to ensure that newly diagnosed patients have somewhere to turn. However, we always welcome their family and friends. Regular information events are paid for with funds raised by members and friends of the group. These events are very well attended and include expert speakers, personal stories and all issues that arise when living with the disease.

The group produces a quarterly newsletter, available to all via email. Our newsletter includes dates and details of all our events, together with articles written by members and research news articles. We hold regular informal gatherings around the county and all are welcome! Details can be found on our website. We also have an extremely active Facebook page.

A huge thank you to the CCO and all who are supporting us tonight.

Website: <https://www.cambridgeshirelupus.org.uk>

Facebook: <https://www.facebook.com/Cambridgeshire-Lupus-Group-224656920893520>

Twitter: @CambsLupus

\*SLE is an autoimmune disease. In this instance, the immune system of the body mistakenly attacks healthy tissue. It can affect the skin, joints, kidneys, brain and other organs. There is currently no cure.

### Cambridge Concert Orchestra

The Cambridge Concert Orchestra, a registered charity, has been making music, and making it fun and accessible to all, since 1967. We have a reputation for being one of the friendliest orchestras in Cambridge and enjoy playing a wide repertoire of music, exemplified by our programme today (favourite pieces chosen by our members as well as requests from the Cambridgeshire Lupus Group).

The orchestra is very privileged in having its own extensive library of sheet music, much of it donated to the orchestra by Charles Shadwell (formerly of the BBC Variety Orchestra). We are also proud to have commissioned new pieces by contemporary composers. This means that every concert is different and there is always something for everyone. While the orchestra's emphasis is on enjoyment, our concerts also serve to raise money for local, national and international charities. Please contact us if you think that the orchestra could collaborate with you for a fundraising event.

The orchestra has been fortunate in having Suzanne Dexter-Mills as Musical Director since 2002. Suzanne lives and teaches in Suffolk, where she directs ensembles in schools and for the Suffolk County Music Service. Suzanne was formerly conductor of the Suffolk Concert Band and the South Suffolk Youth Orchestra and regularly coaches the woodwind section of the National Children's Orchestra. In addition, she finds time to play as Principal Clarinetist in the Wolsey Orchestra, the Churchgate Sinfonia and the Churchgate Wind Octet.

Enquiries from musicians wishing to join us are welcome, particularly string players. We rehearse in the north of Cambridge throughout the year (in term-time).

Website: <http://www.cco.org.uk>

Facebook: <https://www.facebook.com/cambridgeconcertorchestra>



## Cambridge Concert Orchestra In Aid of Cambridgeshire Lupus Group

Presents

# Dance the Night Away

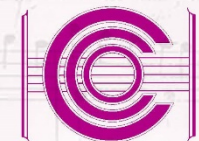
23rd November 2019 7.30pm

St John the Evangelist Church, Hills  
Road, Cambridge CB2 8RN

Conductor: Suzanne Dexter-Mills

CAMBRIDGESHIRE  
LUPUS  
GROUP 

LUK Charity No: 1051610



CCO Charity No: 263524

# CAMBRIDGE CONCERT ORCHESTRA

**Conductor** – Suzanne Dexter-Mills

**Leader** – Susan Chapman

**Compère** – Jan Mentha

<b>1st Violin</b>	Anne Machova Helen Wingfield Kathleen Long Roisin Rampley Elske Janssen Sarah Wikeley Emma Jones Joanne Cornish Bethan Du-Mont	<b>Harp</b>	Lorna Whittle
		<b>Flute</b>	Imogen Duncan Liz Huelin
		<b>Flute/Piccolo</b>	Susan Thomas
		<b>Oboe</b>	James Chapman
		<b>Oboe/Cor Anglais</b>	Rosalind Bubb
		<b>Clarinet</b>	Alison Jones Angela Starr
<b>2nd Violin</b>	Louise Walsh Laura Gerlach Barbara Taylor Tim Regan John Wintle Hannah Hare Sam Hodgkinson Martin Blake Nimisha Bowen	<b>Clarinet/ Bass Clarinet/ Saxophones</b>	Caroline Barlow
		<b>Bassoon</b>	Julia Herrick Alison Sinclair Cathy Greenwood
		<b>Horn</b>	Neil Greenham Simon Crick
<b>Viola</b>	Miranda Garfoot Jan Mentha Tricia Mathieson Mary Pountain John Piper	<b>Horn/Flugelhorn</b>	Lindsay Sampford
		<b>Trumpet/Flugelhorn</b>	Ellie Rugg-Gunn
		<b>Trumpet/ Piccolo Trumpet</b>	Evert Bokma
		<b>Trumpet</b>	Catherine Houlston
<b>Cello</b>	Hannah Wright Dinan Gunawardena Matthew Kitson Katrina Sung James Derrick James Renwick Howard Bigg	<b>Trombone</b>	Roger Nunn Jim Rowley
		<b>Bass Trombone</b>	Edwin Sung
		<b>Tuba</b>	Katrina Sung
<b>Double Bass</b>	Rowland Thomas Carol Patton	<b>Percussion</b>	Pat Welch Will Anderson

# PROGRAMME



Finlandia	Jean Sibelius (arr. William H. Humiston)
Pas Des Fleurs from <i>Naila</i>	Leo Delibes (arr. Aubrey Winter)
A Wee Bit of Irish-Scottish Jig	Edwin Sung
A Little Suite	Trevor Duncan
1. March	
2. Lullaby	
3. Jogtrot	
Mr Jums from <i>Three Brass Cats</i>	Chris Hazell
Bilbao Song from <i>Happy End</i>	Kurt Weill
Moritat from <i>The Threepenny Opera</i>	Kurt Weill (arr. Ronald Hanmer)
Glenn Miller's <i>In the Mood</i>	Joe Garland (arr. Peter Lawson)
<b>INTERVAL</b>	
Three Celebrated Hungarian Dances	Johannes Brahms (arr. Adolf Schmid)
1. Allegro molto	
2. Vivace	
3. Allegro	
Fiddle-Fiddle	Leroy Anderson
<i>Peter and the Wolf</i> Selection	Sergei Prokofiev (arr. Ronald Hanmer)
Dance of the Flower-Girls from <i>Gayaneh</i>	Aram Khachaturian (arr. Jack Lanchbery)
<i>Waltz and Galop</i> from <i>Masquerade</i>	Aram Khachaturian (arr. Hans Swarsenski)

## Future concerts for the Cambridge Concert Orchestra

Saturday 14th March 2020, 7.30pm, Wesley Methodist Church – in aid of the Motor Neurone Disease Association.

Saturday 27th June 2020, 5pm, St George's Church – for HoverAid – part of the 2020 Chesterton Festival – a late afternoon concert for all the family.

If you would like to receive publicity regarding our future concerts – and become a supporter of the orchestra – then please see <http://www.cco.org.uk>

